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# Study Aids

Use the word list to aid your language learning.



## Food, Meat, Seafood

*This word list is for  
European  
Portuguese*

### Food

- bread - pão [m] (o)  
butter - manteiga [f] (a)  
cake - bolo [m] (o)  
cheese - queijo [m] (o)  
chocolate bar - tablete de chocolate [f] (a)  
cookie - bolacha [f] (a)  
cracker - bolacha de água e sal [f] (a)  
egg - ovo [m] (o)  
food - comida [f] (a)  
ice-cream - gelado [m] (o)  
mustard - mostarda [f] (a)  
olive oil - azeite [m] (o)  
pastry - pastelaria [f] (a)  
salad - salada [f] (a)  
salt - sal [m] (o)  
sugar - açúcar [m] (o)  
vegetable soup - sopa de vegetais [f] (a)  
vinegar - vinagre [m] (o)  
yoghurt - iogurte [m] (o)

### Meat

- bacon - bacon [m] (o)  
beef - carne de vaca [f] (a)  
cutlet - costeleta [f] (a)  
frankfurter - salsicha frankfurt [f] (a)  
ham - fiambre [m] (o)  
kidney - rim [m] (o)  
liver - fígado [m] (o)  
loin - lombo [m] (o)  
meat - carne [f] (a)  
meatballs - almôndegas [fp] (as)  
mutton - carne de cordeiro [f] (a)  
pork - carne de porco [f] (a)  
rib roast - costeleta [f] (a)  
roast - assado [m] (o)  
roast beef - rosbife [m] (o)  
salami - salame [m] (o)  
sausage - salsicha [f] (a)  
steak - bife [m] (o)  
tongue - língua [f] (a)  
tripe - tripa [f] (a)  
veal - vitela [f] (a)

### Seafood

- anchovies - anchovas [fp] (as)  
bass - robalo [m] (o)  
carp - carpa [f] (a)  
clam - amêijoa [f] (a)  
cod - bacalhau [m] (o)  
crab - caranguejo [m] (o)  
crayfish - lagosta [m] (o)  
eel - enguia [f] (a)  
fish - peixe [m] (o)  
herring - arenque [m] (o)  
lobster - lagosta [f] (a)  
mackerel - cavala [f] (a)  
mussels - mexilhão [m] (o)  
octopus - polvo [m] (o)  
oysters - ostras [fp] (as)  
perch - perca [f] (a)  
plaice - solha [f] (a)  
prawns - gambas [fp] (as)  
salmon - salmão [m] (o)  
sardine - sardinha [f] (a)  
scallops - vieiras [fp] (as)  
sea urchin - ouriço-do-mar [m] (o)  
seafood - marisco [m] (o)  
shrimp - camarão [m] (o)  
sole - linguado [f] (a)  
squid - choco [m] (o)  
sturgeon - esturjão [m] (o)  
swordfish - peixe-espada [m] (o)  
trout - truta [f] (a)  
tuna - atum [m] (o)

### Legend

- m - masculine noun  
f - feminine noun  
n - neuter noun  
mp - masculine plural  
fp - feminine plural  
np - neuter plural  
adj - adjective  
adv - adverb  
num - number  
v - verb

